



**Friends of Kawartha Conservation**  
c/o 277 Kenrei Road  
Lindsay, ON K9V 4R1

## **FOR IMMEDIATE RELEASE**

May 14, 2007

### **Take a Walk on the Nature Side**

Have you ever wanted to take a hike but weren't keen to strike out on your own? Do you enjoy hiking but wish you knew more about the plants and birds you encounter along the way?

The Friends of Kawartha Conservation are hosting their third annual guided spring nature walk on Sunday May 27<sup>th</sup> and you are invited to join them and perhaps learn a little about local songbirds and wildflowers. This year the walk will take place at the Pigeon River Headwaters Conservation Area, located on Gray Road, off Century School Road, south of Highway 7A.

Noted naturalist and birder Chris Ellingwood will once again lead the hike from noon until about 2pm, and will head out from the conservation area parking lot. There is no cost and everyone is welcome. Picnic facilities are located onsite for those wanting to enjoy a lunch after the walk. Bug repellent, sensible shoes, and sunscreen are recommended.

"The spring wildflowers should be making a good show and many birds will be back from their winter migration," says Chris Ellingwood, past president of the Friends of Kawartha Conservation. "It is definitely one of my favourite times of year to be out in the woods."

Kawartha Conservation manages four natural areas in order to protect important wetlands and to provide areas for the public to enjoy and learn about their natural environment. Ken Reid Conservation Area, Fleetwood Creek and Windy Ridge Conservation Area also offer trails and picnic facilities. More information on conservation area locations and amenities is available at [www.kawarthaconservation.com](http://www.kawarthaconservation.com).

For more information about the upcoming nature walk, visit [www.kawarthaconservation.com](http://www.kawarthaconservation.com) and choose the link under the Current Events section, or call Lezlie Goodwin at 705 328-2271, ext 233.

Friends of Kawartha Conservation is a community based, non-profit organization, dedicated to ensuring the conservation of natural resources. Becoming a Friend is a step towards securing a healthy environment, good water quality, and beautiful places for all to enjoy.

-30-

***For information please contact:***

*Lezlie Goodwin at (705) 328-2271 ext 233, [lgoodwin@kawarthaconservation.com](mailto:lgoodwin@kawarthaconservation.com)*