

Journey Stick

A **journey stick** (also known as a *story stick* or *nature stick*) is essentially a memento of a **nature walk**, featuring items collected while on the walk.



Materials

- A stick
- Wool or String
- Nature Materials
 - Leaves
 - Twigs
 - Flowers
 - Features
 - Anything else natural

Instructions

- Explore your favourite nature trail.
- Find a stick and gather nature material along the way.
- At the end of your nature walk attach the collected nature material to the stick using wool or string.
- Be CREATIVE!